

**Centrally Located  
Near Chandni Chowk  
Metro Stoppage**



***ON CALL CONSULTATIONS :-***

- Physiotherapy • Manual Medicine • Physical Medicine & Rehabilitation • Medicine
- Diabetologist • Dermatologist • Cardio Thoracic & Vascular Surgeon
- Sports Medicine • Orthopaedics • Obs & Gynae • Womens health
- Neuro Medicine • Dietitian



**25 PUSHANJALI Hi-tech Rehab Centre**



(A Unit of **PUSHANJALI medi India Pvt. Ltd.**)

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website : [www.pushpanjaligroup.com](http://www.pushpanjaligroup.com),  
An ISO 9001 : 2015 certified organisation

**Helpline  
4040 1300**

## Hitech Physiotherapy Clinic

□ **Musculo-skeletal Rehab :**

Posture Correction, Neck pain, Spondylosis, Upper & lower back pain, Joint stiffness, Frozen Shoulder, Calcaneal spur, Plantar fasciitis, Repetitive strain injury.

□ **Sports Rehab:**

Bursitis, Tendinitis, Sprain & Strain, Ligament Injury like ACL, PCL, MCL, LCL, Muscle & Tendon injury, Meniscus injury, Tennis Elbow, Jumpers Knee, Runner's knee.

□ **Ortho Rehab :**

Amputation, Slip disc, Post fracture stiffness, Tendon Transfer, Arthritis : Bow / Knock knee, Joint replacement.

□ **Vascular Rehab:**

Immobile patient Pre, Intra & Post operatively, Varicose vein, DVT, Buerger's disease.

□ **Neuro Rehab:**

Paresis, Paralysis, Facial/Bell's palsy, Nerve injury like Wrist Drop/Foot Drop, CTS, Cervical/lumbar radiculopathy, Sciatica, Stroke, Parkinsonism, Transverse myelitis, GB syndrome, Vertigo.

□ **Geriatric Rehab:**

Arthritis, Osteoporosis, Balance & Equilibrium.

**FACILITIES:**

□ **Electro Therapy**

- Venoplus\* • Pressure Therapy\*
- Russian Current (KOTZ) • IFT • TENS
- UST • Traction Therapy
- Super specialised FISIOLASER-SCAN (Class-3B & 4)
- Neuro Muscular Electrical stimulator (NMES)

□ **Dry needling therapy**

□ **Cupping therapy**

□ **Chiropractic adjustment**

□ **Exercise Therapy**

- Magic Sit • Gait Training • Continuous Passive Motion (CPM) • Upper & Lower Limb Exerciser (Arti-Rehab)
- Shoulder Wheel (Rota) • Balance Training (Wobble Board/ Trampoline) • Continuous Progressive Resistance Exerciser (CPRE)

□ **Pilates**

- Mat • Swiss Ball • Body Bolster • Exercise station/Fit Band

□ **Manual Therapy**

- Soft Tissue Mobilization • Joint Mobilization
- Neural mobilization

□ **Ergonomics & Preventive Health Care**

- Pillow • Moving Sit • Sit on Air • Comfort a Back

□ **Diagnostic/Biofeedback**

- SD Curve/IT Curve • Cervical Range of Motion (CROM)
- Podoscope (Foot arch Analyser).

□ **Hand Rehab**

- Thera Putty • Press Balls • Press Eggs • Ergo Ball
- Supination-Pronation tool • Flexo-Extension tool

□ **Kinesiotaping**

□ **Activities of Daily Living (ADL)**

★ **Starting shortly**



**karma**  
mobility solutions